

Outdoor Learning Experience (3 years old)

Learning experience: Find My Shoes	Shared by: Tham Foong Chue
Environment: Outdoor open grass area	Estimated time: 30 minutes
Children’s prior experiences: <ul style="list-style-type: none"> • Children can put on their own shoes, sometimes with the help of adults to put on the correct sides 	Suitable for: <ul style="list-style-type: none"> • 24 – 36 months old
What children will experience: <ul style="list-style-type: none"> • Children will identify their own pair of shoes • Children will practise putting on their shoes correctly on each foot • Children will help others to find their shoes if they are fast 	EYDF Pillars: <ul style="list-style-type: none"> • The Developing Child • The Intentional Programme • The Professional Educarer
What you will need: <ul style="list-style-type: none"> • Children’s own pair of shoes 	Benefit - Risk Assessment: <u>Benefit:</u> <ul style="list-style-type: none"> • Opportunities to practise self-help skills, help others, and feel the grass beneath their feet. <u>Risk:</u> <ul style="list-style-type: none"> • Feet being bitten by insects or cut by sharp objects or sprained by pot holes <u>Management:</u> <ul style="list-style-type: none"> • Scan the grass patch to ensure it is free from sharp objects, pot holes or insects. • Set limits/boundary for children to explore

- Brief children on the possible risks, such as looking out for any potential litter from the high rise buildings

How to make it happen:

1. Ask children to remove their shoes and socks (*if applicable*) and place them in the middle of the grass patch.
2. Ask children to turn around and look away from the shoes and count to 10 while the teacher places their shoes apart and around the grass patch.
3. Tell children they are to look for their shoes and put them on. They may also help their friends find their shoes.
4. Check that children wear their shoes correctly when they are done.

If children are still interested, repeat the activity for another one or two times.